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New Trends in PE Granada (SP)

22nd - 28th FEB 2025

AGENDA

SAT– 22TH - Reception day

Meeting Point - TENT HOTEL - [Google Maps](#)

12:30 Meet and Greet

13:00 Afternoon Meeting 1

“ Course Presentation”

Lecturer : Ignacio Quesada (Course director)

13:45 Afternoon Meeting 2

“ Flamenco from a pedagogical perspective”

Lecturer : Irene “La Serranilla” (Flamenco teacher)

15:15 Evening activity

Granada City tour (2 h)

SUND– 23TH - Educational resources on display

Meeting Point - Granada Sciences Park [GoogleMaps](#)

09:30-12:45 Morning Workshop

Visit to the Sciences Park and the Biodome

13:00 Evening activity

Alhambra evening visit

16:00 Visit to Nasrid Palaces

MON– 24TH - Study visit + Hike Workshop

Meeting Point - Puerta de Elvira [GoogleMaps](#)

09:15 - 12:30 Morning workshop (2 h)

Sport Climbing Techniques for psycho evolutive development in Kids

Lecturer : Anxo Gomez (Certified Indoor Climbing exp)

TUES - 25TH Studi visit

Meeting Point -Puerta de Elvira - [GoogleMaps](#)

08:30 Departure to Orgiva

10:00 Arriving at the school

10:15 Tour around the facilities

11:15 Coffee break with the school's staff

11:45 Departure to Capileira

12: 30 Lunch in Capileira (Not included) - 15 €

14:00 Guided HIKE: “Capileira to Bubion”

17:00 Return to Granada

19:00 Arrival in Granada (aprox)

WED- 26TH - Outdoor guiding practice

Meeting Point -Puerta de Elvira - [GoogleMaps](#)

07:15 Departure to Sierra Nevada National Park

“Outdoor sports risk management” Guided SNOWSHOEING activity

Lecturer : Daniel Morales (UIAA Guide)

Bring Food and snacks, a water bottle (1 L), sunscreen, waterproof hiking boots, winter clothes and an extra pair of ski shocks and gloves. (Sneakers are not allowed). A dry pair of shoes tu put on at the end of the activity would be also advisable.

THU– 27TH - New PE Approaches II

Meeting Point - CrossFit Singular Box Granada

[GoogleMaps](#) - C. Curro Cúcharas, 2, 18014 Granada

09:30 Morning workshop (2hours)

“Crossfit dynamics for young kids”

Lecturer :Mauricio Ramirez (Nutrition and sport expert)

Bring Sports clothes and trainers or sneakers, there are changing rooms and showers at the facilities.

Meeting Point - Puerta de Elvira - [GoogleMaps](#)

16:00 - 18:00 Evening workshop (2 h)

Trail running guided activity (2h)

Bring Sports clothes, trainers or sneakers, and a soft water bottle or hydration vest.

Meeting Point - “La Pataleta” - [Google Maps](#)

Pl. de Gran Capitán, 1, 18002 Granada

20:00 Farewell dinner (Not included) 23 €

FRI– 28TH Reflections on the course

Meeting Point -TENT HOTEL - [Google Maps](#)

09:00 Morning Meetings

09:15 Morning Meeting 1 - School presentations

10:15 Cofee Break

10:45 Morning Meeting 2 - Course evaluation

11:30 Certificates delivery

*Food not provided

*Please be punctual.

* All the times shown in this agenda are aprox.

*This programme may be subject to amendment to deal with unforeseen or changing circumstances.