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Outdoor Education Activities for Health and Environmental Awareness

São Miguel Island - Azores (PT)

2nd - 8th July 2026

THU 2nd July Reception day

HOTEL MERCURE Ponta Delgada - [GoogleMaps](#)

14:30 Registration / Meet and Greet

15:00 **Evening Lecture**

"Course presentation"

Lecturer: Ignacio Quesada - Course director

16:00 Coffee break

16:30 Icebreakers

17:00 **Evening Workshop**

School's presentations

18:30 *End of the session*

FRI 3rd July Nature on display

Posto de Turismo de P.Delgada [GoogleMaps](#)

09:00 **Pick up**

09:35 Vieira Ceramic Factory

10:00 Pico da Barrosa Viewpoint

10:30 Natural Park Caldeira Velha

12:30 Lunch at Ribeira Grande Town - Free Time

14:15 Depart to Santana Astronomical Observatory

14:30 **Evening Lecture** *"Space on Display"*

Santana Astronomical Observatory

16:30 Salto do Cabrito waterfall  (1.57 Kms)

18:30 **Arrival in Ponta Delgada (Est.)**

SAT 4th July Environmental values of the Nordeste

09:00 **Pick up** - Posto de Turismo de P.Delgada

10:00 Povoação Town Center

11:00 **Morning Lecture**

"Outdoor Sports Risk Management Practice"

Salto do Prego Hike  (4.27 Kms)

15:00 Ponta do Silencio Park and Viewpoint

15:30 Ribeira dos Caldeirões Waterfall

17:00 **Arrival in Ponta Delgada (Est.)**

Bring: Food and snacks (no restaurant at lunch break) water bottle (1L), sunscreen, hiking shoes and a raincoat. A swimsuit is recommended to swim in the waterfall's pond.

SUND – 5th July Lakes and forests, wildlife sanctuaries

09:00 **Pick up** Posto de Turismo de P.Delgada

09:15 **Morning Lecture**

"Pineapple Farming: when history and natural resources meet"

Lecturer: Wilson Barrosa - Local guide

10:00 Pico do Carvão

11:00 Canario Lake and Boca do Inferno  (1.57 Km)

12:00 Vista do Rei Viewpoint

12:30 Santiago Lake

13:00 Lunch at Sete Cidades

14:00 **Evening Workshop :**

"Canoeing in Sete Cidades Lake"

Lecturer: Futurismo Ltd. Staff

17:00 Arrival in Ponta Delgada (Est.)

17:30 **Evening Lecture I** HOTEL MERCURE Ponta Delgada - [GoogleMaps](#)

"100 years of outdoor Ed.- the scout experience"

Lecturer: Hanna Rodriguez - Scouts International

18:15 Break

18:30 **Evening Lecture II**

"Outdoor Ed. for growing minds"

Lecturer: Ignacio Quesada - Course director

MON 6th July Botanical resources of Furnas area

09:00 **Pick up** Posto Turismo P.Delgada

09:50 Furnas Caldeiras

10:30 **Morning Workshop**

"Plants are the answer - iNaturalist activity"

Botanical Garden (Terra Nostra)

13:00 Typical Lunch "Cocido das Furnas" (16 €)

14:30 Departure to Pico do Ferro

14:45 Pico do Ferro viewpoint

15:30 Tea Plantation and tea factory visit

17:00 **Arrival in Ponta Delgada (Est.)**

TUE - 7th July Landscape, heritage and geodiversity

09:00 **Morning Workshop** - Posto Turismo P.Delgada

"Actionbound - Outdoor IT resources workshop"

12:00 **Lunch break - free Time**

14:30 **Evening Lecture :** Gruta do Carvão - [GoogleMaps](#)

"Geodiversity Interpretation"

Gruta do Carvão - Natural Monument

20:00 **Farewell dinner (not included in the course fee)**

WED – 8th July Departure day

09:00 **Morning Lecture** HOTEL MERCURE Ponta Delgada - [GoogleMaps](#)

"Reflections on the Portuguese Educational System"

Lecturer: Ignacio Quesada - Course director

10:00 **Coffee Break**

10:30 **"Course evaluation and reflections"** -

11:15 Certificates hand out

12:00 End of activities

Free evening

*Food not provided

*Bring warmclothes, rain jacket, swimsuit, towel and water to all the field trips.

*Please be punctual.

*This programme may be subject to amendment

to deal with unforeseen or changing circumstances.